

THE LASER SPA THE LOUNGE

ANTI AGING DAY SPA

PIXEL AFTER CARE INSTRUCTIONS

Day 1

- Apply **AQUAPHOR** & **BURN FREE GEL** as needed, do not let skin get dry
 - Sleep elevated, with 2 pillows to minimize swelling
 - Avoid Ibuprofen and Advil, take Tylenol if needed
- Stay hydrated, we recommend drinking 60-80 oz of water

Day 2

- wash face with MILD SOAP AM & PM.
- Apply **AQUAPHOR** as needed, do not let skin get dry
 - Avoid Ibuprofen/Advil, take Tylenol if needed
- Stay hydrated, we recommend drinking 60-80 oz of water
 - take progress photo for your technician

Day 3

- wash face with MILD SOAP AM & PM.
- Apply **AQUAPHOR** as needed, do not let skin get dry
 - Avoid Ibuprofen/Advil, take Tylenol if needed
- Stay hydrated, we recommend drinking 60-80 oz of water

Day 4

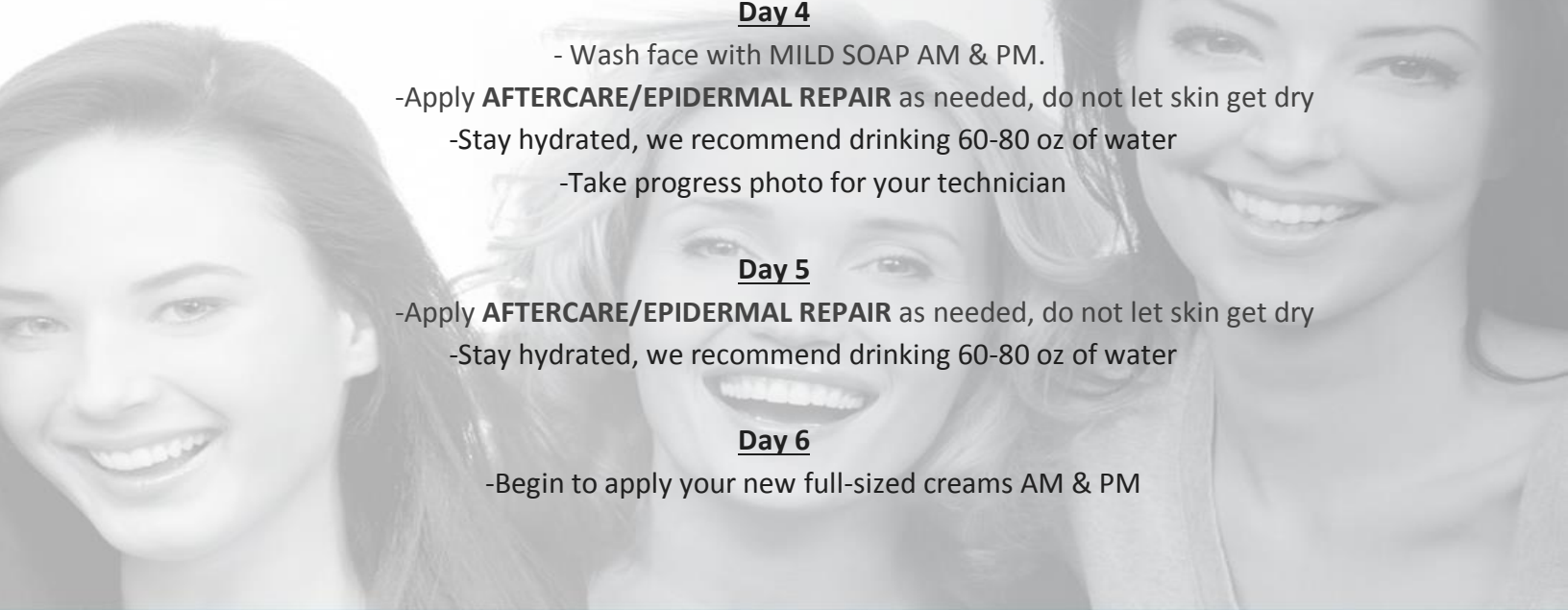
- Wash face with MILD SOAP AM & PM.
- Apply **AFTERCARE/EPIDERMAL REPAIR** as needed, do not let skin get dry
 - Stay hydrated, we recommend drinking 60-80 oz of water
 - Take progress photo for your technician

Day 5

- Apply **AFTERCARE/EPIDERMAL REPAIR** as needed, do not let skin get dry
 - Stay hydrated, we recommend drinking 60-80 oz of water

Day 6

- Begin to apply your new full-sized creams AM & PM



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Typical recovery lasts 5-14 DAYS

4 weeks minimum between sessions

Results will continue to improve over the next 6 months

Days 1-4 –are the most challenging healing days. Your face will continue change every day.

- Please take pictures and send to technicians on days **2, 4, 7 & 14**. - find a plain wall & take front facing, and 2 side views. (Preferably have someone help take photos.)
- **-FOREVER & ALWAYS** protect your new face, wear sunscreen when going outside or driving in a car, wear a hat when possible.
- Please check with your technician before adding any products not included with your aftercare instructions.

Take home kit includes:

Tins of Aquaphor

Aftercare/Epidermal repair cream

Burn free gel

A hat

-PLEASE TEXT OR CALL YOUR NURSE/TECHNICIAN IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT YOUR TREATMENT.

_____ NURSE/TECH'S CELL #